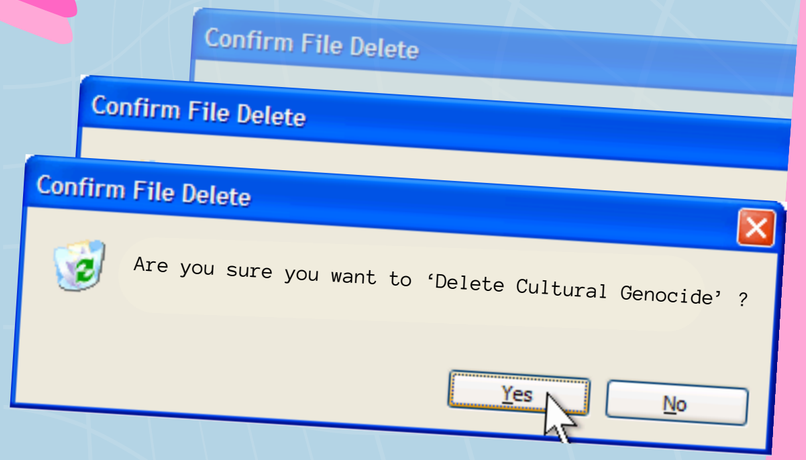
SLEEP on it

"It is important to understand that the system of advantage is perpetuated when we do not acknowledge its existence."
- Beverly Tatum



Shut the F%#* up & listen without centering yourselves or your privilege; but don't stop at listening, be receptive to the concerns of the systemically vulnerable voices you claim to be amplifying.

Leave BIPOC communities to their own devices. This doesn't absolve you of accountability, it simply means to quit obstructing their ability to heal + grow.

Educate yourself on the social issues that plague your community, but go beyond that and learn protocols you can implement that won't perpetuate these disparities.

Eradicate any systems or ideology you may take part in bolstering; this includes but is not limited to any implicit microaggressive behavior + bias or stereotypes + racial imbalance.

Provide thoughtful & deliberate access to opportunities + resources + platforms + funding that will help those vulnerable in your communities not only elevate their lives, but prolong their legacies in sustainable ways for their future generations.

Stop bitchin' Start a revolution